

MASTER OF HEALTH SCIENCE IN FUNCTIONAL AND INTEGRATIVE NUTRITION



Path Options and Sample Course Rotation Schedule

Term 1		Credits
Session 1		
NUTR 6100	Foundations of Functional and Integrative Nutrition	3.00
NUTR 6102	Fundamentals of Behavioral Science and Motivating for Health Change	3.00
Session 2		
NUTR 6112	Advanced Nutrition Practice: Macro + Micronutrients	3.00
NUTR 6110	Business Practice Management for Integrative Health Professionals	3.00
		12.00
Term 2		
Session 1		
NUTR 6202	Evidence Based Nutrition	3.00
NUTR 6204	Foundations of Health Coaching (pre-req NUTR 6102)	3.00
Session 2		
NUTR 6210	Advanced Practice: Supplements, Herbs, and Pharmaceuticals	3.00
NUTR	Elective #1	3.00
		12.00
Term 3		
Session 1		
NUTR 6205	Advanced Applications of Health Coaching in Integrative Care (pre-req NUTR 6204)	3.00
NUTR	Elective #2	3.00
Session 2		
NUTR	Elective #3	3.00
NUTR 6400	Capstone	3.00
		12.00
TOTAL CREDITS		36.00

Elective Credit Options (take 3)

- NUTR 6212 Sports and Human Performance Nutrition (3 credits)
- NUTR 6304 Advanced and Applied Sports Nutrition (3 credits) (pre-req NUTR 6212)
- NUTR 6310 Clinical Intervention: Nutrigenomics and Epigenetics (3 credits)
- NUTR 6315 Clinical Intervention II: Functional Nutrition Technology + Diagnostics (3 credits)

Each 15-week term consists of two 7-week sessions with a brief break between the sessions.

Courses subject to change. Please visit Northwestern Health Sciences University's website for latest course information: nwhealth.edu